

## ATLAS® VAN LINES RELEASES 30TH ANNUAL MIGRATION PATTERNS STUDY

**EVANSVILLE, IND. (Dec. 6, 2023)** – One of the nation’s leading movers, [Atlas® Van Lines](#), has released its [Annual Migration Patterns Study](#) examining where its customers have moved to and from in the past year. Following several years of unprecedented and unpredictable changes in the economy, housing market, and job market, Atlas’ study provides unique insights into customers’ interstate, cross-border, and international moves. Atlas has published its migration patterns study since 1993, with 2023 marking its 30th annual study tracking moving habits and preferences based on internal data.

Atlas Van Lines’ stats correlate with some national data such as high inbound rates to [hot housing markets](#) in Maine and New Hampshire, as well as states that are [good for business](#), including Georgia, North Carolina, Texas, and Washington. However, many of the country’s [most affordable states](#) have seen high rates of outbound moves, particularly in the Midwest, such as Indiana, Illinois, Iowa, and Ohio.

The 10 U.S. states with the highest percentage of inbound and outbound moves in 2023 are included below in order of highest inbound and highest outbound rates. North Carolina and Maine remain top-desired states from 2022 with New Hampshire making the largest jump from 10th to third. Pennsylvania’s rate of outbound moves dramatically increased in 2023, as did Oregon’s. Meanwhile, the exodus from Indiana has seemed to slow, although it remains high on the outbound list.

### **2023 Top 10 Inbound**

Maine  
North Carolina  
New Hampshire  
Montana  
Washington  
Arkansas  
Florida  
New Mexico  
District of Columbia  
Texas

### **2023 Top 10 Outbound**

Illinois  
Pennsylvania  
Louisiana  
Minnesota  
Indiana  
Oregon  
Iowa  
Mississippi  
New York  
Ohio

### **Canadian Provinces**

Per Atlas® Van Lines Canada data, more people are moving from the southern provinces to the northern provinces. The top three inbound provinces were Newfoundland, Nunavut, and Northwest Territories, whereas the top three outbound provinces were Prince Edward Island, British Columbia, and Alberta.

Hawaii was once again a sought-after destination this year, with 77% of the shipments being inbound.

Meanwhile, Atlas® World Group International reported the following trends in overseas relocation:

**Top 10 Inbound (Outside of the U.S.)**

Japan  
South Korea  
Germany  
United Kingdom  
Bahrain  
Australia  
Canada  
Kuwait  
India  
Jordan

**Top 10 Outbound (Outside of the U.S.)**

Japan  
South Korea  
Kuwait  
Germany  
Saudi Arabia  
Puerto Rico  
Greece  
India  
Denmark  
United Kingdom

**How Atlas Determines Status**

Each state's or province's status is determined by its threshold value, which is the total number of shipments multiplied by 0.55 (i.e., in a state with 100 moves, at least 55 must be outgoing to be considered outbound). All other states or provinces in which outbound or inbound numbers do not exceed the threshold are classified as balanced. Canadian interprovincial and cross-border (from the U.S. to Canada) shipments are both referenced in the study. International moves indicate both states and countries to which Atlas World Group International sent the most shipments from international origin countries in 2023.

To view the full results of the 2023 Migration Patterns Study, along with a nationwide map, regional trends, and historical data, visit [www.atlasvanlines.com/resources/migration-patterns](http://www.atlasvanlines.com/resources/migration-patterns).

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**About Atlas® Van Lines**

Atlas Van Lines Inc., a national moving company, is the largest subsidiary of Atlas World Group Inc., an Evansville, Indiana-based company. Atlas World Group companies employ nearly 800 people throughout North America. Nearly 400 Atlas interstate moving Agents in the United States and Canada specialize in corporate relocation, household moving services, and in the specialized transportation of high-value items such as electronics, fine art, store fixtures, and furniture. For more information, visit [www.atlasvanlines.com](http://www.atlasvanlines.com).